

13 simple tips for a more responsible travel!

Here are our simple and effective responsible travel tips to help you get the best out of your journey and leave the world a better place.

1. Shop souvenirs made by local craftsmen.
2. Bring with you reusable items.
 - Do not buy plastic water bottles, bring your own reusable water bottle to fill with tap water which is very good in Scandinavia.
 - Use reusable bags, refuse plastic bags in shops, and say no to plastic straws.
3. Eat locally and prioritize seasonal products, support local food producers, local restaurants, and take reasonable servings at buffets.
 - Keep a good balance between vegetarian and non-vegetarian meals.
4. Keep nature waste-free and make sure you collect your own garbage.
 - Consider picking up trash when you see it around.
 - Follow the local recycling rules for your trash.
5. Give maps a second life, leave it at your hotel desk for future guests to use instead of throwing it in the trash.
 - Better yet, download your location in Google Maps on your phone when you are in wi-fi, turn on your GPS tracking abilities, and you will be able to get your location even when you are out of cell service!
6. Remain on the mountain trails to protect the local flora.
7. Save water and electricity.
 - Prefer short showers over baths and turn the tap off when brushing your teeth.
 - Be mindful of your electricity usage, for example switch off the lights and air conditioning when leaving your hotel room.
 - Reuse the same towels when staying at a hotel several nights.

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8. When visiting the destination use public transport, hire a bike, or walk when convenient.
9. Find and support ethical non-profit organizations or community projects at your destination before you visit and support them by booking an experience or purchase any products that are produced.
10. Respect and accept local customs and traditions.
 - Pay attention and respect local rules and signs, for example do not take photos, do not climb, do not use drones etc.
 - Try to learn some simple phrases in the language of your host country: “Hello”, “Good Night”, “Thank you” etc.
 - Be kind, smile and treat everyone you meet with respect.
11. Seek out cultural experiences in your free time, for example visiting an important museum.
12. Promote sustainable awareness through your social media by tagging your pictures and the destination (#responsibletravel #recycle #respectnature).
13. Offset your carbon emissions.

Each traveler has a carbon footprint that could be calculated and compensated. It is quite possible to offset this footprint by participating in greenhouse gas compensation programs.

Here is a list of websites that offer to offset your footprint:

- My climate: https://co2.myclimate.org/fr/offset_further_emissions
- Green Tripper: <https://www.greentripper.org/>
- Choose: <https://choose.today/>

Remember - no action is EVER too small, and we all have the power to change our perspective, impact, and reality!